Farmers Federation News

Vol. XXXVI No. 10 JUNE, 1956

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FARMERS FEDERATION NEWS

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Robert G. Beard, Editor James G. K. McClure, Assoc. Editor
Rev. Dumont Clarke, Lord's Acre Editor

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COVER PICTURE

Here's evidence that Western North Carolina is enjoying one of the best fishing seasons ever! Malcolm Edwards, left, our monthly columnist and Raymond Ramsey, Madison County Game Protector, are shown with a fine catch of bass, pike and crappie which was taken at Hiawassee Dam the first week in May while both were on vacation.

Many good fishing tips will be found regularly in Edwards' column, **W. N. C. Woods and Waters**, which appears each month.

Workdays,
Washdays,
Heydays,
or Holidays
The need for blood continues
IF YOU CAN DONATE CALL RED CROSS TODAY

News From The Front

Editorial By James McC. Clarke

Hayesville Service Store Gets a New Look

OUR patrons at Hayesville will be pleased with the enlargement of the Farmers Federation there. We have rented the space joining our present store, and have put in a modern retail area with a tile floor and fluorescent lights. This makes a very attractive display for groceries and farm supplies, and it gives the Hayesville store a total of 2,500 square feet of additional floor space.

MR. CLARKE

Charles McClure is the manager of the Farmers Federation at Hayesville, and he is assisted by Clo[illegible] Kitch[illegible] and Mrs. Lessie May.

T[illegible] Ha[illegible] store serves the farmers of Cla[illegible] Coun[illegible] and a large number of farmers wh[illegible] live a[illegible] the state line in Georgia. Me[illegible]ers of the Hayesville Advisory Committee [illegible]

[illegible]ert L[illegible]rson, Wayne Anderson, Richa[illegible] Bristol [illegible]ett Crawford, Wade Crawfo[illegible] E. H[illegible]ison, Ed Herbert, Everette H[illegible]ed, M[illegible] Jarrett, Ben Kitchen, Mrs. E[illegible] Lo[illegible] McClure, Mrs. Ed McConne[illegible] Henry [illegible]ore, M. H. Payne and C. L. S[illegible]

● ● ●

Marvin L[illegible] Elected Vice-President of the [illegible] Locker Association

WE are [illegible]eased that Marvin Lorenz, our Locke[illegible] Plant Supervisor, has been elected first Vic[illegible]esident of the North Carolina Frozen Food [illegible]cker Association. Another member of our [illegible]cker personnel who has received recogni[illegible] is Ben Owenby, Jr., Manager of the Wayne[illegible]ville Freezer Locker Plant. He has been elected a Director of the North Carolina Locker [illegible]ssociation. We are very pleased to have this recognition come to Marvin Lorenz and to Ben Owenby, Jr.

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Dairying Brings Lots of Money to Western North Carolina

JUNE is "Dairy Month." The dairy industry goes all out to cooperate with grocers, food chains, and restaurants to promote the sale of dairy products. The importance of the dairy industry to Western North Carolina grows each year as more and more families make their living selling milk.

The dairy industry must find ways to increase the sale of dairy products and to keep them out in front in the competition for the consumer's food dollar. Dairy products now comprise approximately 17% of the annual food purchases of the American housewife. Better packaging to promote sales in self-service super markets and increased consumption of products like cottage cheese and sour cream will build new outlets for dairy products.

Drive Carefully! More Traffic on the Highways

HERE is a big reason why our highways are becoming increasingly dangerous. The number of cars, trucks and buses registered in North Carolina is increasing every year. This makes the chances for accidents much higher and should make everyone be thoughtful and more careful when driving on the highways.

Here are the figures showing registration of all types of vehicles in North Carolina for the past ten years:

1945	686,436
1946	779,930
1947	883,498
1948	958,541
1949	1,030,319
1950	1,171,228
1951	1,247,824
1952	1,297,550
1953	1,384,760
1954	1,437,823
1955	1,601,273

Watch out!

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Plan To Attend Your Picnic!

MAKE your plans now to attend the Farmers Federation picnic in your county and to bring your children and grandchildren. The picnics are going to be bigger and better than ever this summer. Panhandle Pete will be with us, and the Mimosa Boys, who played and sang so enthusiastically last summer, will have an even better repertoire. We will have acrobats and many other performers on the program. Gaither Robinson is already tuning up his banjo for the first picnic.

The picnics are a wonderful time to renew old friendships and to review our plans for progress with the Farmers Federation.

We want to send a special invitation to all choirs and quartets in the mountain counties to be sure to come to the picnic and participate in the sacred singing. The singing is a very important part of the picnic program, and we want to have as many quartets and choirs at each picnic as we possibly can.

There will be a prize for the best individual act at each picnic, and there will be prizes for the best quartets and choirs.

We'll be seeing you at the Farmers Federation picnic!

This is the 1956 picnic schedule:

Wednesday, July 4, 10:00, Yancey County, Burnsville High School.

Saturday, July 7, 10:00, Polk County, Columbus School.

Friday, July 13, 10:00, Swain County, Bryson City High School.

Saturday, July 14, 10:00, Macon County, Franklin High School.

Tuesday, July 17, 7:30 p.m., Transylvania County, Brevard High School (night)

Friday, July 20, 10:00, Clay County, Hayesville High School.

Saturday, July 21, 10:00, Cherokee County, Murphy High School.

Thursday, July 26, 10:00, Buncombe County, Recreation Park.

Saturday, July 28, 10:00, Jackson County, Sylva High School.

Thursday, August 2, 7:30 p.m., McDowell County, Marion High School (night).

Saturday, August 4, 10:00, Burke County, Salem School.

Wednesday, August 8, 10:00, Rutherford County, Cool Springs School.

Saturday, August 11, 10:00, Mitchell and Avery Counties, Harris School.

Thursday, August 16, 7:30 p.m., Henderson County, Hendersonville High School (night).

Saturday, August 18, 10:00, Haywood County, East Waynesville School

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Freezer Lockers And A Job

THE old saying is "A pig, a cow and a rooster, you'll have more money than you useter".

A man with a job and a few acres of land can certainly save some real money with a freezer locker. Here are a few possibilities.

(1) The garden can supply most of the vegetables used during the year. Beans, asparagus, spinach, broccoli and corn are all easy to freeze and certainly taste good in the winter.

(2) When it comes to fruit, three rows of strawberries will make enough for frozen strawberries most of the winter, and two or three peach trees will mean frozen peaches all winter.

(3) A steer. Many a man has enough pasture to graze one steer and can put up enough roughness to winter him. Then if he will raise a half acre of corn—and corn feed that steer for four months—boy, will he have juicy steaks, roast beef, hamburgers and stews all the year round!

(4) Other possibilities, provided a man will raise two acres of corn are—a hog with country cured hams and bacon and 30 or 40 broilers stowed away in a freezer locker.

● ● ●

Getting More Efficiency On The Farm

KEEP in mind this year that the efficient farmer is the one that is going to stay in business. With so many American farm crops in a surplus or near-surplus condition, prices will be lower, and the farmer who gets the greatest production at the least expense is the one who will move ahead.

We are coming into a new day in Western North Carolina. A larger number of our people than ever before is living on small farms and working in industrial plants.

These part-time farmers and the full time farmers are going to need to develop new money-making enterprises on their places. Here is where the Farmers Federation comes in. The Farmers Federation has been at work for 36 years to develop profitable crops for the farms of mountain counties. Talk with your nearest Federation manager if you are looking for ways in which to increase your income by building a broiler house, starting a hatching egg supply flock or a commercial egg flock. It is not too early to start planning for an acre of aromatic tobacco in 1957. The Farmers Federation is always seeking new ways to bring new income into Western North Carolina.

Dairy Products Researchers Looking For More Nutrition Facts

AMERICAN DAIRY ASSN.
Chicago, Illinois

Three new nutrition research projects will be financed by the American Dairy Association in the year ahead. The association has also approved the renewal of eight other projects which have been underway in the past.

All three of the new projects will enable the research experts to probe deeper into the component parts of milk and butterfat to establish greater knowledge of the nutritional values of milk.

L. Emmett Holt, Jr., widely recognized authority on infant nutrition, will conduct studies at Bellevue Hospital and New York University to expand knowledge on the essential amino acids. Holt's laboratory has already conducted studies on some of the essential amino acids as they relate to infant requirements. The American Dairy Association grant will help to complete the present work which may answer questions arising out of the conflicting claims made in promoting proprietary or commercial infant foods. This project will be supervised by the

(Continued on next page)

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STA-FRESH® Treated SILAGE!

Ends "Silage Stink!"

Treat grass silage with General Chemical's amazing "STA-FRESH." This special, inexpensive, silage-grade sodium bisulfite in convenient powder form keeps silage green, fresh, sweet-smelling . . . makes silage tastier, more nourishing — cows love it. Only 8 lbs. treats a full ton of silage. Free folder gives simple instructions for use.

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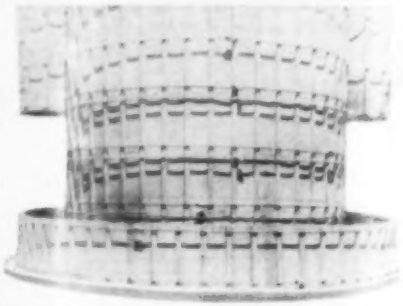

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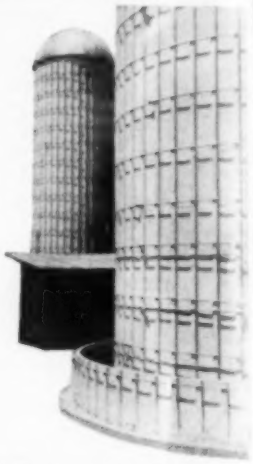

Shown is the new semi-base feeder which saves feeding time and feed costs.

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Be sure to see this Southeastern Ribstone Semi-Feeder Silo on the Jennings Carland Farm, Mills River, Henderson Co.

Tired of cutting weeds by hand?

The Simplicity 30-inch Sickle Bar cuts heavy weeds and tall grass cleanly along fences, in corners, around trees. Engine driven with independent clutch. Clears swath at both ends so succeeding cuts can be made in either direction. A rugged, durable performer.

Thanks to patented *Quick-Hitch* it takes you less than a minute (and you need no tools) to change from 30-inch sickle bar to another of Simplicity's work saving implements. Then, mow the lawn, cultivate and plow the garden — enjoy Simplicity's year 'round, yard 'round versatility.

2¾ H. P.

5 H. P.

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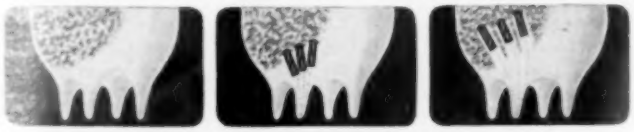

in the new professional-type hypo-syringe

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National Dairy Council.

The field of protein in infant feeding, particularly from the standpoint of allergies, will be explored in a project developed jointly with the Evaporated Milk Association. This work will be under the supervision of a leading pediatrician and will involve the study of a large number of infant histories.

A project to test the differences among various food fats and oils as they are used in the human body will be carried out by Drs. G. K. Whalen and K. L. Osman at the University of Southern California Medical School. This study, beginning in July, will analyze fat absorption and transport in the human body.

Four of the eight projects renewed are supervised by the National Dairy Council. They are:

The study by Dr. Ancel Keys at the University of Minnesota on the effect of diet on serum cholesterol and lipo-proteins in man. It has been shown in this work that the cholesterol present in foods does not influence the blood levels of cholesterol but that the total amount of fat in the diet does have an influence. Studies are now underway to determine what differences might exist among different food fats and what insignificance the findings might have in relation to heart diseases.

Dr. Robert E. Olson's study on the relative merits of low fat and moderate fat diets for those who wish to lose weight. This work, at the University of Pittsburgh Medical School, will analyze the influence of weight reduction on obese men and women between 40 and 60 years of age and will explore the relationship of different fat levels to the rate of weight loss and general health of the individual.

At the University of Minnesota Dr. Ralph T. Holman will continue his studies of the different fatty acids found in food fats as they affect animal nutrition.

The study of the availability of the eight essential amino acids in cottage cheese and milk is being continued at Tuskegee Institute by Dr. Johnnie H. Watts. This project is designed to determine how efficiently human beings utilize the proteins present in milk and cottage cheese as compared to values previously obtained on eggs and meat.

Other renewals include:

The "Protective Milk" research by Drs. W. E. Petersen and Berry Campbell at the University of Minnesota. This project is being continued. It is a broad program of research into the possibilities of providing immunity to disease through the drinking of milk produced under methods developed in the research. Considerable work must still be done before the practical application of the idea may be assessed.

Vitamin levels in cheese and the effect of manufacturing processes and storage on the vitamins is the subject of a project continuing under the direction of Prof. I. L. Hathaway at the University of Nebraska.

The collection of statistics on the relationship between fats in the diet and heart disease is being completed by Dr. Ancel Keys at the University of Minnesota. Data from many countries has been collected and the tabulation and examination of the data should offer new knowledge on the human diet.

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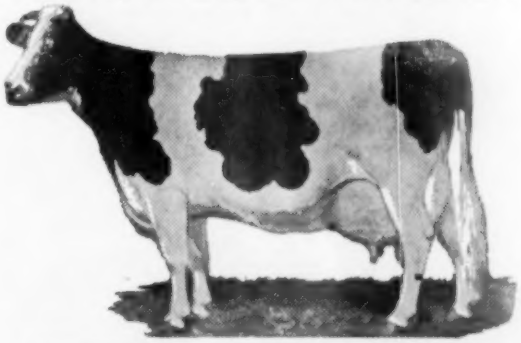

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AT OUR AUCTION SALE AT FLETCHER, N. C. ON
MAY 15, 1956

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C. W. McIntosh—Rt. 3, Burnsville
Frank Burgin—RFD, Fletcher
Shoal Falls Farm—Penrose
Andy Nesbitt—Fairview
Sam Wheeler—Rt. 3, Burnsville
Joe McKennon—3 D Farm—Rt. 1, Fletcher
G. F. Bridges—Rt. 1, Leicester
Ben Owenby—Fairview
H. B. Cooper—Fountain Inn, S. C.
Holly Hill Farm—Fletcher
Lee Pryor—Rt. 2, Hendersonville
C. H. Ford—Enka
J. Carland—Fletcher
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WORKING TOGETHER—THE KEY TO SUCCESSFUL COMMUNITY DEVELOPMENT PROGRAMS

By MORRIS L. McGOUGH
Asheville Agric. Dev. Council

"This Community Development Program is the best thing that's ever happened to this country", stated Judson F. Capps, a farmer in the Mountain Valley community in Henderson county at a community meeting a few nights ago. "It's getting us to do things we should have already been doing a long time ago".

Apparently lots of other folks over western North Carolina agree. This year 105 communities in 16 counties and the Cherokee Indian Reservation are carrying out a community development program.

What's being done in each of these communities is done because the folks in that community want to do it. That seems to be the real "backbone" of this whole improvement program which has spread over western North Carolina so rapidly.

If anyone needs convincing about what is being accomplished by these community groups, I think a visit to most any of their meetings or "workings" would make you proud of what these organized communities are doing to improve western North Carolina. Their many projects would renew your faith in the strength of America at the "grass roots" and give real meaning to the words "working together."

As Frank Davis, a dairyman in the Iron Duff community of Haywood county stated recently to a magazine editor studying the program, "When our fore-fathers came to these mountains, they had to work together. Somewhere along the way, we forgot how to do things together. Now this community development has pulled the rural people back together again in our communities."

The major result any community will get from this program is a better community. When neighbors start meeting together and working together, it's only natural that the entire community will be better.

To add interest to the program, several thousand dollars in recognition prizes will be awarded by businessmen in the towns over the area to the communities judged to have made the most improvements during the year. County prizes will total between $8,000 to $10,000.

The winning community in each of the 16 counties will be judged in the western North Carolina Rural Community Development Contest, with $2,100 offered from Asheville. The area program is sponsored by the AADC.

(Continued on next page)

Residents of the Cane Creek Community in Buncombe County are shown at work on a 30 by 50 foot community building which will be used for club meetings, youth recreation and other gatherings.

New Scientific MYZON Formula in Drinking Water Helps

STOP LAYING SLUMPS

when birds are off feed with colds, sniffling due to chronic respiratory disease (air sac), blue comb, N. S. enteritis, rickets

Thus MYZON POULTRY BUILDER keeps egg production higher right through damp, changing weather. Costs only pennies a bird!

Sick Birds That Won't Eat, Now Drink Their Way to Fast Recovery

Most birds stop eating when sick and feverish, but they don't stop drinking. They usually drink more. That is why Myzon's antibiotic and vitamin formula is so effective when mixed in drinking water. Sick birds drink and drink their way to extra eggs every month.

MYZON Poultry Builder

HELPS PREVENT AND TREAT colds, sniffling, due to chronic respiratory disease (air sac), blue comb, non-specific enteritis, rickets, curled toe, thin shelled eggs, poor feathering and anemia when there are vitamin and antibiotic deficiencies.

So Easy — You Don't Change Feed Program

You Must Be 100% Satisfied or Your Money Back!

Get MYZON Poultry Builder

For Sale At All FARMERS FEDERATION STORES

Headquarters for Work Clothes

FEATURING

A Complete Line of Work and Play Clothes For All the Family

"Honest Values at Honest Prices"

B & J DEPARTMENT STORE

One Of The 365 Belk Stores

24-26 North Lexington Avenue

ASHEVILLE . . . NORTH CAROLINA

According to George H. V. Cecil, president of the Agricultural Council, "This prize money shows what the business people think of this Community Development Program. This is one way we can join in on the wonderful things the communities are doing. Our towns and rural areas working together make an unbeatable combination."

Success of this program in any community apparently depends first of all on a "felt' need. Folks in the community must want to get together and do some improving. If everyone is satisfied with things just as they are, if the community can't be improved, then there is no place for a community development program in that community.

On the other hand, if some of the folks are really interested in having a better community, there is a real basis for a community development program.

One mistake made sometimes is that the folks interested want to wait until everyone is sold on the idea before they start. If that were the case, there would be very few community development projects in western North Carolina today. Experience has shown that most of the communities have gained strength and support as they have gone along. Whether or not all of the families in the community come in and participate depends on whether there are good programs at the meetings, type and variety of projects worked on, etc.

There is no getting around the fact that people are going to take part in those things that they are interested in and enjoy. It's the same way with the community development program. Most everybody is interested in living in a community that looks attractive. That is why such projects as painting mail boxes, erecting community entrance signs and clean-up campaigns are popular and ones that are good for most communities to start out with.

As Jack Camp, president of the Union Community in Rutherford county states, "You don't have to have someone tell you whether you're in a community with a community development program. All you need to do is look. You can tell the difference."

Other projects that most folks are interested in are church and grounds improvement and cemetery improvement.

There are hundreds of other projects that communities over in western North Carolina have been doing. There seems to be very little danger that a community will run out of projects. Leaders of communities that have been organized for several years tell us that the longer they go the more things they find that they want to do.

Aside from the tangible results that can be seen in the way of better looking communities, improved homes and better farms, there is another equally important result to be found in these organized communities.

This result can be felt, but it cannot be seen. It is the spirit and the enthusiasm of the people.

To sit through one of the community meetings, to visit with the folks when they are building a community building or to join in one of the outdoor picnics or suppers is to enjoy the rich friendship and fellowship of people who are happy in mixing and mingling and being good neighbors to themselves and to their community.

The spread of the Community Development Program to every community in western North Carolain would signal probably the greatest progress ever made in this area.

The Balsam Grove Community of Transylvania County, composed of 72 families, is working hard to complete the Albert Schweitzer Memorial Hospital which was started a year ago and will have 20 beds. Dr. E. Gaines Cannon, Pickens, S. C. is Chief of Staff and is directing the hospital construction.

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4th Western N. C. Angus Sale Shows $286 Average

A crowd of approximately 500 persons turned out at the Hominy Horse and Hound Pavilion for the 4th Western N. C. Angus sale on May 19th sponsored by the N. C. Aberdeen-Angus Association.

Forty-five head of registered Angus were sold for $12,865, an average of $286 per head. Five bulls averaged $418 and 40 cows brought an average of $282.

Carolina Angus Farms, Tryon, N. C. consigned the two top selling cows which were both bought by Mrs. Margaret C. Woodson, Boxwood Farms, Mocksville, N. C. for $1700 and $955.

Earl F. Morgan, Oak Leaf Farms, Arden, left, and Van Holsapple, N. C. Angus Association Secretary, are shown with a registered Angus heifer and steer given away at the Enka Angus show on May 19th.

The top-selling bull consigned by High-Peak Angus Farm, Valdese, N. C. was sold to Ralph Bowman, Hickory, N. C. for $625.

F. F. A. Beef Judging Show Held

Preceding the sale was a Future Farmers of America Beef judging show in which 15 F. F. A. teams participated.

The Spring Creek team won the first prize of a registered Angus heifer, while the Fletcher team

(Continued on next page)

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Try DARi-DRi Baby Calf Formula Now —
It's Guaranteed!
ON SALE AT ALL
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Winning F.F.A. Teams At Angus Show

The Spring Creek FFA judging team won the Angus heifer for first prize at the Angus show on May 19th. Left to right above are A. D. "Bud" Slater, President of the N. C. Angus Association; team members John Woody, Vance Davis, Layten Davis; Guy Angel, their teacher; and Bill Terry, American Angus Association Representative.

Winning the Angus steer for second prize in the judging contest was the Fletcher FFA team. Left to right above, are Bud Slater; team members, Herman Turner, Harold Conner (who scored a perfect 400 points), Jim Matthews; Joe Francis, their teacher, and Bill Terry.

took second place, winning an Angus steer.

Members of the Spring Creek team which scored 1085 out of 1200 possible points were Vance Davis, Layten Davis and John Woody, while judging on the Fletcher team were Herman Turner, Harold Conner and Jim Matthews. The Fletcher group received 1080 out of 1200 points.

Conner of the Fletcher team won a silver cup for scoring a perfect 400 points while two other FFA boys, Woody of Spring Creek and Bruce Hipps of Waynesville got 390 out of 400 possible points.

FFA trophies were donated by Asheville livestock yards, the Bank of Asheville, Mrs. Rudolph Arnstein, Merrimon Avenue Shell Service Station, Mountain Feed Service, Parkland Chevrolet Co., and Wachovia Bank and Trust Co.

21 Buyers

Among those buying cattle were the following:

R. P. Ledbetter, Route 3, Canton; Louis Reece, Route 3, Canton; Ralph Bowman, Hickory; Oak Leaf Farms, Arden; Mrs. Margaret C. Woodson, Boxwood Farm, Mocksville; Earl B. Searcy, Valdese; W. B. Dillard, Sylva; T. K. Hyatt, Bryson City; O. P. Houston, Mooresville; C. W. Alden, Asheville; Peake's Crest Farm, Bakersville; Jule Boyd, Waynesville; James B. & Robert Hipps, Route 3, Canton; W. B. Evans, Waynesville; H. J. Singletary, Box 736, Waynesville; J. H. Stradley, Route 6, Asheville; Marshall Roberts, Fletcher; Jack Price, Fletcher; W. F. Laughter, Arden; Robert Anderson, Route 1, Alexander; and Paul J. Mayberry, Route 1, Union Grove, N. C.

EVA'S BANDOLIER LAD
Today's Top Bandolier Sire
CAROLAND ANGUS FARMS
LANDRUM, S. C. TRYON, N. C.

CAROLAND'S RECORD:

1) Highest selling and also the second highest selling female at the WNC Angus Sale, Enka, N. C.

2) Highest selling female at the Southeastern Angus Sale, Spartanburg.

3) GRAND CHAMPION BULL, Greensboro Fall Sale

We want to thank the bidders at the WNC Angus Sale for their interest in our heifer. We were pleased to see both heifers go to BOXWOOD FARM, Mocksville, N. C.

Congratulations, Mrs. Woodson, on your purchase of our two heifers. We appreciate your interest.

SUFFOLK RAM LAMBS FOR SALE

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Congratulations to Ralph Bowman, Hickory, N. C. on his purchase of our outstanding bull, HIGH-PEAK EILEENMERE 2901st, and our two fine cows, HIGH-PEAK ERICA 12th and HIGH-PEAK QUEEN'S VIOLA 4th, at the 4th Western N. C. Angus sale at Enka, N. C. on May 19th.

HIGH-PEAK ANGUS FARM

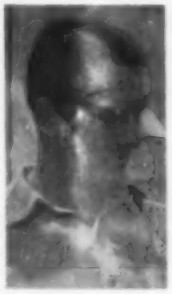
EARL B. SEARCY, SR.
OWNER

BOX 395 VALDESE, N. C.

WNC WOODS & WATERS

by MALCOLM EDWARDS

Over two million people used the camping and picnic grounds on the Pisgah and Nantahala National Forest last year. Quite a number of them found much to complain about. Both camping and picnic areas were over-crowded. New ones are needed badly. Many were not cleaned often enough. Most of these were established during CCC days when labor was plentiful. Since then, mainteannce and new construction have been held to a bare minimum.



There are 50 developed areas on the forest. The appropriation for maintenance and cleanup of these is $10,000.00 or about $200.00 each. This is woefully inadequate and better than double this amount is needed.

The same goes for wildlife. The only funds received by the Forest Service for wildlife management are one-half the receipts taken in by the managed hunting and fishing. This will not even maintain the game protectors' stations. To make matters worse, many of the older stations must be rebuilt.

The national forests are a paying proposition. The money taken in on all our national forests last year from timber sales, grazing fees, etc., amounted to $18,000,000.00 over operating costs. With this kind of money coming in, more should be expended in the forest.

The most logical way to do this has been proposed in a bill introduced in Congress by Rep. Lee Metcalf, of Montana. The bill provides that [illegible] the national forest receipts be set aside to improve and [illegible] recreation facilities.

In a day [illegible] the use and need for outdoor recreation is increasing tremendously, increased funds are essential. A letter to your congressman or senator will be a wise investment for anyone interested in outdoor recreation.

Trout and What They Eat

In 1954, as part of a Wildlife Commission fisheries research project, the stomachs of 241 rainbow trout were examined. They contained 3,774 recognizable food items. The most important were terrestrial insects and immature caddis flies, mayflies, and stoneflies in that order. The sometime non-selective surface feeding of the rainbow was demonstrated by the finding of hemlock needles and small bits of wood in 22 stomachs. About one-fourth the total food was caddis fly larvae—stick bait to most of you. One ten inch trout contained 335 of these worms, in their case.

Immature mayflies made up over 14% of the total. Very few vertebrates were found. The remains of only one unrecognizable fish was found. One 7 inch trout contained two garter snakes, whose combined length was 22 inches. Spring lizards were found in 3. A large variety of land insects were present, including ants, grasshoppers, aphids, spiders and many others. Crawfish were noted in [illegible] stomachs.

Small Game

Of interest to your farm game hunters is the increased tempo of bicolor lespedeza program. As many of you know, bicolor lespedeza has proved the most effective plant yet found for producing a large volume of quail food throughout the winter. This shrub-type lespedeza holds its seed all winter, some dropping off all along. Over 5 million plants per year have been distributed during the last few years for planting field borders and odd corners. In order to step this program up, temporary

(Continued on next page)

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TRY IT . . . YOUR PET WILL BE GLAD YOU DID.

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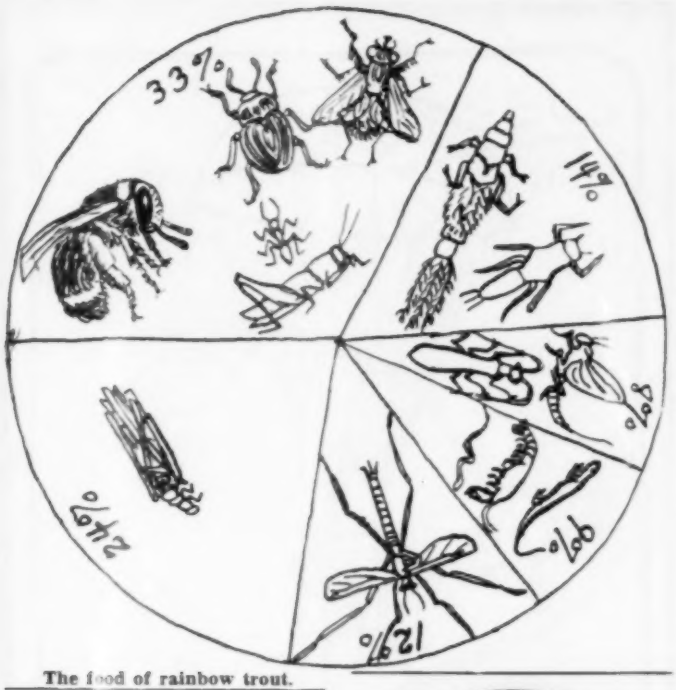

The food of rainbow trout.

personnel are being hired in many counties for periods of 2 to 6 months. They are to contact more interested parties and demonstrate planting methods. The new system has been very effective and additional personnel will probably be put on.

The men in charge of our farm-game work in this area are Mr. Rex Bird, Hendersonville, and Mr. Ray Smith, Morganton. They will be glad to advise you on matters pertaining to farm game management.

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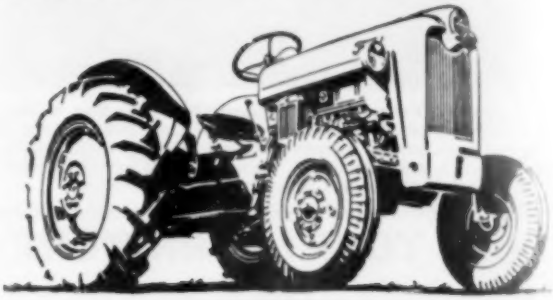
BEST VALUE on the Market . . .

NEW 800 SERIES

FORD TRACTORS — WILL DO MORE ON THE DRAWBAR, ON PTO AND ON THE BELT



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LOCKER PERSONNEL WIN HONORS

Marvin Lorenz, Freezer Locker Supervisor, standing at the right above was elected first vice president of the N. C. Frozen Food Locker Association at their annual convention held at High Point, N. C. April 15-17. Ben Owenby, Waynesville Freezer Locker Manager, seated in the center of the group, was made a director of the Association.

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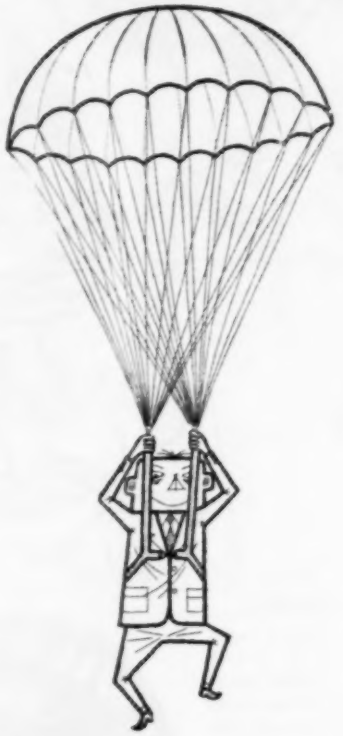
Self-Rising

DELICATE WHITE CAKE

2 cups Kansas Cream Self Rising Flour
1 cup Sugar
½ cup Shortening
4 Egg Whites
⅔ cup Milk
1 tsp. Vanilla

Cream the sugar and shortening until well blended. Add the eggs and cream this mixture until light, but avoid excessive beating. Add the sifted Kansas Cream Self-Rising Flour alternately with milk. Flavoring may be added with the milk. Bake at 375° for 30-35 minutes.

Get Kansas Cream Flour At Your Farmers Federation



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But put them all together . . . 100% dieselization . . . new and modernized yards . . . 6 seven-day-a-week transfers . . . many new operating techniques . . . and they all add up to a freight service that's "tops". There can't be any argument about *that*. Use Southern to, from and within the South — and see!

SOUTHERN RAILWAY SYSTEM

By Roy R. Beck
Haywood County
Soil Conservation Service

Two of the field drain tile installations made by conservation farmers last year were checked to see if they were working properly. I hardly recognized the 23-acre James Howell field, on Jonathan's Creek. W. D. Ketner, who is leasing the land, has drained, leveled and straightened things up so much it just doesn't look like the same place. One of Mr. Ketner's employees was disking rye cover crop on a nearly level, stone-free area that last year had been ditches, shrubs, stumps, stones and hills and holes. The tile line had dried up the land satisfactorily. Mr. Ketner said the thousand dollars he spent on this field was a good investment and that he was satisfied with the job.

E. F. Hunter of Jack's Creek in Yancey County and Lewis Dameron, Yancey Conservationist, are inspecting a tile drainage operation on Hunter's farm. (SCS Photo.)

Over on Fines Creek, Mark Ferguson broke into the tile line he installed last year, so that a nine hundred foot lateral could be connected to the tile drainage system. That tile line was the cleanest I have ever seen. We didn't find so much as a speck of sand or silt in the tile line when we took out a joint to install the Y. Mr. Ferguson said: "We used to stand on this field a long time. Now I can look down there a few hours after it stops raining and the surface water is gone. I'm going to grow corn on this bottom field this year." The lateral tile line being installed this year zig-zags up across sloping land, through five wet weather springs, towards the Fines Creek Memorial Baptist Church. Mark plans to seed this land of hard clay

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Here is a ditching machine in operation on Hunter's farm. Ed Hipkins, in foreground, is laying the tile line. (SCS Photo.)

to alfalfa as soon as the tile line is covered.

By Lewis H. Dameron
Yancey County
Soil Conservationist

E. F. Hunter of Jacks Creek recently drained a wet area in his bottom land which will enable him to produce his row crops without danger of soil erosion. Mr. Hunter installed 1200 ft. of clay ditching tile in this field. Not only has he been able to drain the wet area, he has also been able to put two fields into one, so that it will be more convenient to cultivate and harvest his crops.

J. G. Robertson and Mosco Towe have recently installed tile drainage systems on their farms in the Prices Creek Section.

Mr. Robertson installed 562 ft. of 6 inch clay tile and approximately 810 ft. of 4 inch tile to drain an eight acre bottom recently purchased. This bottom land had been wet for a number of years and had been considered as "impossible to drain."

With the draining of this wet land, Mr. Robertson plans to seed this area to grass and ladino clover for pasture, thus giving him a chance to re-seed his old pastures. After the old pastures are reseeded, he will use this field for silage corn.

Mr. Towe has installed 549 ft. of 6 inch tile and 106 ft. of 4 inch tile in a wet bottom on his farm. This bottom was extremely wet. However, by installing a 6 inch main tile line, Mr. Towe will be able to add additional 4 inch laterals to completely drain the entire area as labor and funds permit.

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Kill Fleas and Ticks, control Fungus Infections such as Ringworm and types of Alternaria sometime associated with summer eczema.

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control tobacco suckers

when your plants are topped

Now's the time to get ready for a profitable tobacco harvest. By planning ahead for the tobacco sucker problem, you'll save extra work and extra costs later. This is the time to get set with Bayol N-300, an effective, money-saving method of controlling suckers.

Just *one* application of Bayol N-300, at the time your plants are topped, saves you the labor of *3 or 4 manual suckerings*. Proved in the field with outstanding success, Bayol N-300 is effective insurance that you'll bring in bumper crops and profit come harvest time. Get all the facts on Bayol N-300, and how to use it, by writing for your free "Bayol N-300 TOBACCO SUCKER CONTROL" booklet.

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Woman's Page

By Mrs. S. C. CLAPP

Are you stingy with your praise?

Some one has said that "Praise can oil the wheels of contentment". How many of us are just too selfish to praise those with whom we work or our loved ones? Some how, in the routine of things, we get so bogged down with our own problems and thoughts that we just forget to think of others and what they mean to us or how much we appreciate them, their efforts and their contribution of effort for the group. It takes so little time and so few words and yet it can make a great difference to the one to whom the praise is being given.

Some parents rarely praise their children because their minds are so intent on the ideal they want their son or daughter to be that they find it easier to criticize short comings than to compliment small accomplishments.

Give the timid, shy, self-doubting child praise; it will give him confidence.

If a child needs to develop iniative find something that the child has done well and praise him for it.

It is said that there cannot be too much sincere praise. Humans live and thrive on it.

Grownups need praise as well as children. Sometimes a mere nod or smile of approval will be sufficient praise. We know a doctor who has an engaging manner with his patients. He will say to the patient who has made some improvement or has tried to carry out his orders: "How nice" or "That is nice". It gives the patient a feeling of having accomplished something and of making physical gains.

One successful school principal brings joy and happiness to his teachers and causes them to exert more effort in the varied activities of school life. He praises the coach when a game is won; a dinner, prepared under the direction of the Home Economics teacher, is declared to be wonderful and the assembly programs receive their due praise.

Have you told your Minister how much you enjoyed his sermon recently? You know you like to receive praise—Well! Then give praise. Praise often! Praise sincerely. It doesn't matter whether you praise by word, smile or deed —just mean it and your children, your family and your friends will respond to it.

Did You Know?

That a small amount of meal added to whole wheat when making bread, will give the bread a good texture and a nut-like taste?

(Continued on next page)

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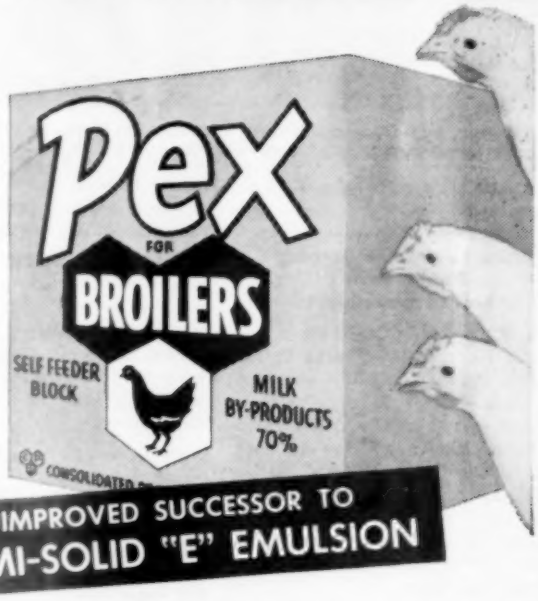
Brand New Way to Beat Stress Factors!



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FASTEST ENERGY AVAILABLE!

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Chicken Loaf

2½ cups chicken (cooked)
½ cup chicken stock
½ cup milk
½ teaspoon salt
1/8 teaspoon pepper
1 teaspoon onion (minced)
1 cup soft crumbs
2 eggs beaten

Chop chicken, add the remaining ingredients; pour into an oiled loaf pan. Bake at 375° F oven for 50 minutes. Serve with a cream sauce or allow to chill. Slice and serve.

Golden Salad

1 cup crushed pineapple (canned)
1 envelop gelatin
¼ cup cold water
1¼ cups pineapple juice (canned)
½ teaspoon salt
¼ cup lemon juice
1 cup grated carrots

Soak the gelatin in the cold water. Dissolve over hot water and add the pineapple juice, the lemon juice and salt. Chill until partially set. Fold in the pineapple and carrot. Turn into a mold and refrigerate until firm.

Peppermint Stick Ice Cream

1 cup milk
½ pound peppermint stick candy (crushed)
2 cups heavy cream

Heat the milk in the top of a double boiler. Add the candy and stir constantly until candy is dissolved. Pour into the freezing tray and chill. When the milk-candy mixture is very cold, whip the cream until thickened and fold into the chilled mixture. Pour back into the freezing tray. Set the control to the coldest temperature. Stir several times during the freezing.

Lemon Gold Cake

2¼ cups sifted cake flour
1½ cups sugar
1 tablespoon baking podwer
1 teaspoon salt
½ cup cooking oil
6 eggs, separated
¾ cup cold water
2 teaspoons lemon juice
1 teaspoon grated lemon rind
½ teaspoon cream of tartar

Sift flour, sugar, baking powder and salt together in a bowl. Make a well and add in order, the oil, egg yolks, water, lemon juice and rind. Beat with spoon until smooth. Add cream of tartar to egg whites, beat until very, very stiff. Pour egg yolk mixture gradually over whipped whites, carefully folding with rubber scraper just until blended. Do not stir.*

Lemon Fluff Frosting

½ cup margarine
Dash of salt
4 cups sifted confectioners' sugar
3 tablespoons lemon juice
2 teaspoons grated lemon rind

Cream margarine. Add salt and part of sugar; cream well. Add remaining sugar alternately with lemon juice, creaming until light and fluffy. Add lemon rind, mix until blended.

* Pour into ungreased 10 x 4 inch tube pan. Bake in moderate oven, 325°, 70 minutes or until top springs back when touched. Invert pan upside down, placing tube part over neck of small funnel. When cold, loosen sides with spatula, remove cake from pan. Frost with

HAND-IN-HAND

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AT ALL FARMERS FEDERATION STORES

Garden Notes

By Mrs. C. C. Proffitt - Asheville Garden Club

After the intense activity of last month we can begin to settle down a little now and prepare for the summer months ahead. Since the gardens are still fresh with new growth and the peak of bloom in the perennial border is reached, there is still much to enjoy and not too many new jobs to start this month.

Now that most of the garden planting is well under way, the work at this time will be largely general maintenance or upkeep. Of course, there may still be some bedding plants to go in, and succession planting of "glads", etc., but on the whole, care of what is already planted is the main job from now until fall planting starts. Such a program consists of thorough watering when needed, consistent spraying or dusting at regular intervals, mulching, staking, pinching back, and cutting off all dead flower blooms.

Since this is the first vacation month, it is a good thing that there is a lull in our gardening activities —not the feverish rush of the past two months. In getting your garden ready to leave, putting a good mulch around your plants is perhaps the most important job you can do. Use any light porous material that keeps out the sun and lets in the air and rain, such as straw, grass clippings, ground corn-cobs, partly decomposed compost, peat moss and pine needles. The last two, to be used only on plants that do not object to acidity such as Roses, Azaleas and Camellias. In the June issue of Popular Gardening, Dean Collins writes an interesting article on "How to Pack your garden for vacation." He says "pack it up right and your garden will surprise you when you unwrap it three weeks later."

Just as Iris was queen of the garden in May, so are Roses this month. Since they are producing heavy bloom at this time, they need special attention. Keep them growing vigorously by regular feeding, watering, and spraying. At the first sign of black-spot, remove any infected leaves and destroy to prevent it from spreading.

Experiments have shown that Roses cut late in the afternoon keep better than those cut early in the morning. Plunge them at once into cold water and let stand overnight before arranging. Care should be taken in not cutting off more foliage than possible, for a rose can be weakened by too much being removed.

Chrysanthemums which are beginning to grow now should be pinched back when 9 or 10 inches to make bushier plants. Spray and cultivate them as you would roses.

Prune all weak growth and side shoots from your Dahlias to place strength in the main stalk that will give you the main bloom.

Gladiolus may still be planted every 10 days up until July 1st. Keep well watered and sprayed with D. D. T. or Malathion for thrip.

If Daffodils or other spring blooming bulbs need to be taken up for any reason, now is the best time to do it, since the foliage has turned brown, but you can still see where they are.

Fallen leaves of Christmas Holly should be raked and burned as soon as possible to control leaf-miners. Spray plants with D. D. T. or Malathion.

To maintain a good lawn through the summer, the following things should be done now (if not in May); Feed with an organic fertilizer high in nitrogen; water deeply (not sprinkle) in a prolonged dry season; treat with Chlordane or D. D. T. to kill grubs of Japanese beetle or chinch bugs, which will soon be eating on the grass roots, causing brown spots to appear in the grass; Treat with a crab grass killer such as Crag Herbicide 1 or the newer Sodar, as the first of the month crab-grass begins to sprout and must be killed in the early stage. Mow the lawn frequently so that heavy deposits of clippings are avoided and mow as high as possible, since the longer grass will shade the crab-grass seedlings.

For other lawn troubles you will find a complete control chart in the June issue of Popular Gardening.

May this be the beginning of a happy vacation season and a relaxing time for the busy gardener!

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The Country Church With The Lord's Acre Plan

REV. DUMONT CLARKE

The Lord's Acre Assists Presbyterian Larger Parish

Approximately $2,000 was spent by Walkertown Church in 1955 from Lord's Acre proceeds. New pews were purchased for the sanctuary. Pulpit furniture was added. A new Sunday school addition was erected and equipped with modern lighting, chairs and tables, and folding partition.

The largest portion of the above money was raised by means of a tobacco crop, grown under an allotment which the church has had for many years, and upon which the men of the church donated labor.

In addition, five people donated the first hour's wages of each week. Two calves were raised and donated, one pig, one the Sunday eggs, one the Sunday milk, one leather craftsman in the congregation made and sold for the Lord's Acre a ladies' leather shoulder bag. Three quilts were sold for the Lord's Acre.

The people of Walkertown are proud of the improvements they have made to their house of worship. And by working together on the Lord's Acre projects they have strengthened the bonds of Christian fellowship and unity.

By raising over $500 through the Lord's Acre, Philadelphia Church was able to put down a new oak floor in the sanctuary, build a choir loft, and paint the basement floor. The money was raised by individual projects such as: several acres of corn, a calf, several quilts, etc. — **Rev. Kenneth Holmstrup, Greeneville, Tennessee.**

Great Ideas Upon Christian Recreation

Over a period of years Helen and Larry Eisenberg have been rendering a notable service to the cause of wholesome recreation. They have devoted an immense amount of time to the recording of games, skits and dramas for varied occasions.

Their books, which are printed by at least three different publishers, are all permeated with the Christian spirit. Their dominant purpose is to serve the building of Christian character. Incidentally, Rev. Larry Eisenberg has become greatly interested in assisting in the promotion of the Lord's Acre plan.

Two extracts from the writings of the Eisenberg recreational partnership follow:

"Recreation is needed because a person is a whole being, and he is not complete without recreational activities. We can get physically, socially, and spiritually undernourished without some fun and fellowship in life. We know now that recreation is necessary for balance and for health. Just as a flourishing plant needs many elements to make it grow and bear fruit, so an individual needs work, play, love, and worship to make him a well-rounded person."

"More and more the churches are recognizing that the good life includes recreation. Recreation represents fellowship of man with man; worship, that of man with God. In group experience it is easy to go from the mood of group fellowship to a mood of conscious fellowship with God."—From **The Pleasure Chest**, by Helen and Larry Eisenberg, The Parthenon Press.

A Lord's Acre Brief

The Director of the Religious Department will again present the Lord's Acre plan at the Episcopal Rural Church Institute at Valle Crucis on the night of July 4. This subject has been a part of the program of the Institute for many years.

Scripture-Prayer Verse for June

I was glad when they said unto me, Let us go into the house of the Lord. Psalm 122:1.

PROGRESSIVE DEVELOPMENTS IN CHURCH-SPONSORED RECREATIONAL ACTIVITIES

One of the heartening developments, in the face of the many demoralizing forces which beset us in the life of today, is the increasing interest in supervised recreation.

The last ten years have seen a great increase in organized recreation in cities and small towns. Churches and other groups have combined to employ a trained supervisor during the summer months. A picture on this page indicates the progressive action taken for the coming summer by the small town of Clyde, N. C. The churches there have united in a supervised recreation program for both young and old. This town is greatly to be commended for this wholesome development.

Mr. Clarke

The problem of providing recreation in the country areas is quite different from that in cities and small towns. The small open country church as a rule cannot afford a trained supervisor. However, two things can be done which go a long way to satisfy the need of children and young people for Christian recreation.

First, the ground close to the country church can be provided with a quantity of equipment for the children, such as swings and slides. A considerable number of churches have already provided such equipment. As the children use these facilities, consciously and unconsciously they become aware that the church is interested not only in having them follow a Christian course of conduct, but also in providing for their health and enjoyment. It is a delight to see the children at play under church auspices.

Secondly, the open country church can utilize two other resources for the older young people. First, leagues in which a number of open country churches are combined, can be formed for competitive games such as softball. Secondly, the churches can be tied in for recreational activities with the Community Development programs which are now so active and widespread. Certainly this procedure, which has already made considerable headway, tends to Christianize all community activities.

We may surely believe that in the years ahead these supervised recreational activities will greatly help toward overcoming the demoralizing influences of much of the commercialized entertainment. They will also certainly increase interest in the total program of the local church and will also help to develop the spirit of Christian understanding and cooperation among all our churches.

The Lord's Acre apple orchard of Dana Baptist Church, Henderson County, in full bloom. With the pastor, Rev. Silas W. Bradley, are Mrs. Bradley and Mrs. L. V. Lyda.

Playground scene at Clyde, N. C., showing Rev. George C. Starr, Jr., Methodist minister and Principal P. W. Plemmons of the school, with the children. Please see statement in the editorial.

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